





## The Alcohol Use Disorders Identification Test: Self-Report Version

PATIENT: Because alcohol use can affect your health and can interfere with certain medications and treatments, it is important that we ask some questions about your use of alcohol. Your answers will remain confidential so please be honest. Place an X in one box that best describes your answer to each question.

Questions	0	1	2	3	4	
1. How often do you have a drink containing alcohol?	Never	Monthly or less	2-4 times a month	2-3 times a week	4 or more times a week	
2. How many drinks containing alcohol do you have on a typical day when you are drinking?	1 or 2	3 or 4	5 or 6	7 to 9	10 or more	
3. How often do you have six or more drinks on one occasion?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
4. How often during the last year have you found that you were not able to stop drinking once you had started?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
5. How often during the last year have you failed to do what was normally expected of you because of drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
6. How often during the last year have you needed a first drink in the morning to get yourself going after a heavy drinking session?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
7. How often during the last year have you had a feeling of guilt or remorse after drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
8. How often during the last year have you been unable to remember what happened the night before because of your drinking?	Never	Less than monthly	Monthly	Weekly	Daily or almost daily	
9. Have you or someone else been injured because of your drinking?	No		Yes, but not in the last year		Yes, during the last year	
10. Has a relative, friend, doctor, or other health care worker been concerned about your drinking or suggested you cut down?	No		Yes, but not in the last year		Yes, during the last year	
					<b>Total</b>	

STANDARD DRINK EQUIVALENTS	APPROXIMATE NUMBER OF STANDARD DRINKS IN:
<b>BEER or COOLER</b>	
<p data-bbox="293 365 370 390"><b>12 oz.</b></p>  <p data-bbox="256 546 407 571"><b>~5% alcohol</b></p>	<p data-bbox="457 365 574 390">12 oz. = 1</p> <p data-bbox="457 396 597 422">16 oz. = 1.3</p> <p data-bbox="457 428 574 453">22 oz. = 2</p> <p data-bbox="457 459 597 485">40 oz. = 3.3</p>
<b>MALT LIQUOR</b>	
<p data-bbox="293 674 370 699"><b>8-9 oz.</b></p>  <p data-bbox="256 882 407 907"><b>~7% alcohol</b></p>	<p data-bbox="457 674 597 699">12 oz. = 1.5</p> <p data-bbox="457 705 574 730">16 oz. = 2</p> <p data-bbox="457 737 597 762">22 oz. = 2.5</p> <p data-bbox="457 768 597 793">40 oz. = 4.5</p>
<b>TABLE WINE</b>	
<p data-bbox="293 1016 370 1041"><b>5 oz.</b></p>  <p data-bbox="248 1255 415 1281"><b>~12% alcohol</b></p>	<p data-bbox="457 1016 776 1041">a 750 mL (25 oz.) bottle = 5</p>
<b>80-proof SPIRITS (hard liquor)</b>	
<p data-bbox="293 1394 370 1419"><b>1.5 oz.</b></p>  <p data-bbox="248 1539 415 1564"><b>~40% alcohol</b></p>	<p data-bbox="457 1394 764 1419">a mixed drink = 1 or more*</p> <p data-bbox="457 1425 675 1451">a pint (16 oz.) = 11</p> <p data-bbox="457 1457 675 1482">a fifth (25 oz.) = 17</p> <p data-bbox="457 1488 686 1514">1.75 L (59 oz.) = 39</p> <p data-bbox="457 1549 1385 1608">*Note: Depending on factors such as the type of spirits and the recipe, one mixed drink can contain from one to three or more standard drinks.</p>